



HELEN JEAN

A LIFE WELL LIVED



Helen Jean (Fugleberg) Moe, our beloved Mother and Grandmother, received her wings November 28, 2024 at Augusta Place in Bismarck, North Dakota.

Helen was born at home on the family farm March 31, 1931 to Hans and Julia (Westland) Fugleberg of Blanchard, ND. The Fugleberg family farmed at various sites in the Northeastern Red River Valley. Helen was the sixth child of 10 siblings; eight boys and two girls. All of the siblings contributed to the daily operation of the family farm. Helen and her sister helped their mother with cooking, cleaning and laundry, as well as raising and chasing chickens. During this time, Helen attended and completed her education at Elm Grove School.

In the summer of 1950, Helen met the love of her life, Orvin Moe, at a dance held in the Bachelor's Grove Pavilion near McCanna, ND. After Orvin graduated from the University of North Dakota, he and Helen were married at the Elm Grove Lutheran Church in McCanna on August 2, 1953.

Helen and Orv then moved to Fargo and he began his career with the Amoco Oil Company. His work for Amoco led the couple to live in various communities throughout North Dakota. Their first transfer was to Valley City, ND where their oldest daughter, Cheryl Ann, was born in 1954.

Their second move was to St. Thomas, ND where their youngest daughter, Laura Jean, was born in 1959.

In 1960, the family relocated to Devils Lake, ND, where they lived for eight years.

Faith and church were very important to Helen and the family. As a member of St. Olaf Lutheran Church, she was active in Women's Circle, Altar Guild and volunteered as a server for church events. She also enjoyed sharing her love of baking for these activities. She was known for her excellent lefse grilled to perfection.

Helen loved to sew, especially for her girls. She was an accomplished seamstress and quilter. She valued quilting because it provided precious mother-daughter activity time as her girls grew older.

The final family move occurred in 1968 when they relocated to Bismarck, ND and bought their first and final house. Helen enjoyed remodeling and decorating to turn their house into a forever home.

Once the girls were older, Helen decided to seek part time employment as a cook at Grimsrud Elementary School. She remained in this position for the next 20 years.

While in Bismarck, Helen developed passions for bridge and golf. She was a member of four different bridge clubs and often subbed for clubs throughout the city.

Her interest in golf began when Orv gave the entire family golf clubs and lessons for Christmas. Helen golfed weekly for 30 plus years and was a longtime member of the Riverwood Women's Golf Association. She valued the camaraderie and competition that golf provided.

Becoming a grandmother was the highlight of Helen's life. She showed her grandchildren love by baking their birthday cakes, shopping, out to lunch and teaching them to play golf. Whether they were sick, involved in sporting events or school programs, Grandma Helen was always there. She loved them and they adored and loved her (and her lefse).

Following retirement, Helen and Orv traveled the United States. Visiting relatives in Norway was a highlight. However, they believed there was no place like home, where Helen golfed while Orv mowed.

At the age of 93, Helen was the last surviving member of her Fugleberg family. She has now joined Orvin in their heavenly home.

"We will miss the sparkle of your blue eyes, your radiant smile, your gentle touch, and kindness. You will always be the heart of our family."

Helen is survived by her daughters; Cheryl Moe, Bismarck, ND, Laurie (Dick) Anderson, Naperville, IL; five grandchildren: Erik (Sarah) Olson, Anders Olson, and Thor Olson all of Bismarck, ND, Tate (Mary) Anderson, Chicago, IL, Grace (Grant) Anderson, Coeur d'Alene, ID; two great-granddaughters: Emma and Ava Olson; and sister-in-law: Corrinne Fugleberg, Mesa, AZ.

She was preceded in death by her husband, parents, father-in-law, mother-in-law, brother-in-law, three sisters-in-law and nine siblings: Dorothy Hofer, Arthur, Orlin, Ardell, Wayne, Dallas, Hans Jr., Raymond, and Walter Fugleberg.

Thank you to the nurses, CNAs and other valuable staff members of Touchmark and Augusta Place for the loving care shown to our mother and grandmother.

For your consideration, memorials may be directed to Good Shepherd Lutheran Church, 106 Osage Ave, Bismarck, 58501.

In Loving Memory of
Helen Jean Moe
March 5, 1931 - November 28, 2024

Celebration of Life Service

Friday, December 20, 2024 • 11:00 AM
Good Shepherd Lutheran Church • 106 Osage Ave
Bismarck, North Dakota

Interment

Friday, December 20, 2024 • 2:00 PM
North Dakota Veterans Cemetery
Bismarck, North Dakota

Officiant Rev. Bob Caranicas

Following the service, the family invites you to join them for lunch and fellowship at Good Shepherd Lutheran Church.

FOOTPRINTS IN THE SAND

One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene he noticed two sets of footprints in the sand. One belonged to him, the other to the Lord.

When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed it happened at the very lowest and saddest times in his life.

This really bothered him and he questioned the Lord about it, "Lord, you said that once I decided to follow you, you would walk with me all the way. But, I have noticed that during the most troublesome times in my life, there is only one set of footprints. I do not understand why in the times I needed you most you would leave me."

The Lord replied, "My precious, precious child. I love you, and I would never leave you. During your times of trial and suffering when you saw only one set of footprints, it was then that I carried you."



CELEBRATING A LIFE

Helen Jean Moe

MARCH 5, 1931 ~ NOVEMBER 28, 2024