

Wake Service:

Friday, September 11, 2026

Margaret Henderson Parish Hall

Funeral Service:

Saturday, September 12, 2026

At 1:00 PM

Church of Redeemer

Presider: Rev Gloria Lavallee

Music Ministry

Russell Cook Memorial Singers

Interment

St Micheals & All Angels Cemetery

Opaskwayak Cree Nation

Pallbearers:

Harley Bighetty

Kenneth Lathlin

Conrad Steveson

Frederick "Guy" Young

Ty McIvor

Andrew Jr. Constant

Tyson Ross

Andy Constant

Honorary Pallbearers:

Sam Ross, Ken "Kwivy" Lathlin and his friends and Siloam Mission

A circular portrait of a smiling man with dark hair and a mustache, wearing a blue and white patterned shirt. The background of the entire page is a sunset over the ocean with a bright sun low on the horizon, casting a golden glow across the sky and water. The portrait is positioned in the upper right quadrant of the page.

Frederick Clifford Cook

A.K.A Kruger

February 13, 1967

July 29, 2026

Our brother Frederick Clifford Cook AKA “Kruger” was born February 13, 1967, at the St Anthony’s Hospital, The Pas, Manitoba. Freddy was the 9th child of 14 born to Leslie and Helen Cook.

Freddy resided in Winnipeg, Manitoba, where he called home for the last years of his life. He fell in love with the city life, he said that Winnipeg was his city. He lived most of his life in The Pas Indian Band and Opaskwayak Cree Nation.

Freddy received his Grade 12 education from MBCI and Business Administration from K. C. C. He was always expressing to his nieces and nephews to get their education. He was an entrepreneur with his log business, his fence post business and had loved helping his people. He enjoyed working with Sam Ross and he was one of Sam’s apprentices. Our brother worked odd jobs in his city and he loved to work for the East Indian people in Winnipeg because they were good to him.

Our brother was blessed with three sons, Gerald Chaboyer, Albert Lathlin and Donavin Lathlin (Tawny) and Stepson Wyatt Easter, Granddaughter: Addilynn Lathlin

Our uncle would give his last dollar and give his shirt off his back and give his shoes to give others hope. Our uncle was a very humble person, when a person was down, he would make you laugh. He didn’t like people being sad.

He loved sports when he was younger, he played with the Big Eddy Warriors for a short while until he found his true passion of singing. Our brother loved singing Waylon Jennings songs, especially “The Way More Blues” where he sang it on NCI Jam. Our brother enjoyed singing for his sisters, he would phone one of them and sing a song for them. He would tell his sisters and brothers how much he loved them and missed them. He would take them around Winnipeg giving them personal tours of his city, proudly show them what he helped build. He was proud he helped build “Uptown Alley”.

Greetings and Welcomes

Order of Service

Opening Sentences– Gloria Lavallee

Hymn:

Memories of the Heart: Cheryl Constant

Gathering of the community: 591

The Collect: 577

The Proclamation of the word

First Reading: Sarah Jane Cook

Hymn: Old Rugged Cross– Jamie Cook

Second Reading: Avayah McIvor

The Gospel Reading

Reflection

Prayers of the people

Hymn: Mariola Head– How Great thou Art in Cree

The lords Prayer

Tribute Song:

The commendation

Hymn: Cree and English– 66

The Committal 596-597

Uncle

We remember when we were small,
And you were kind and strong.
You really haven't changed a bit,
As life has moved along.
We knew that you were thoughtful,
And today, you're still the same.
You're always helping others,
And that has never changed.
You've always been right there for us,
In good times and in bad.
You laughed with us in happy times
And cried with us in sad.
You are a special uncle,
As special as can be.
More than that- you've been a friend,
A cherished friend to us.
"Forever in our hearts our dear uncle Fred"

Freddy was known for making everyone laugh, he would tell stories from his childhood. He was a proud uncle, he would always have gifts when he came to visit. He always made memories with his nieces and nephews. He always had a good time where ever or whoever he's with.

Freddy leaves to mourn his sons: Gerald Chaboyer, Albert Lathlin and Donavin Lathlin (Tawny) and Stepson Wyatt Easter, Granddaughter: Addilynn Lathlin; his sisters; Sarah Cook, Sandra Chaboyer, Mary (Isaac) Cook, Linda- Jean (Elaine) Cook, Madeline Cook, and Irene Cook. Brother: Danny Cook and Brother in- law: Kenneth "Kwivy" Lathlin Aunty; Flora Jane Young and numerous nieces, nephews and chapans too many to mentions and if we forgot anyone its not intentional.

Freddy will be proceeded by his parents Helen & Leslie Cook, brothers: Lester James Cook, David "Beam" Cook, sisters; Ruby Eleanor Cook- Lavallee (Delbert Lavallee), Wilma Cook, Veronica "Frog" Lathlin, Delia Rose Cook and Nephews; David "Nigs" Cook, Elvis Andrew Cook, David Riley Cook, William Ovide Cook, Niece; Lesley Marie "Toute" Cook; Uncles/ Aunties; Franklin "Seseep" Young (Christie Young), Roderick Young (Doris Young), Joseph "Buttsus" Young (Rosalie Wilson), Wilfred Young, Solomon Cook (Irene Cook), William "Lupoo" Cook (Priscilla Cook), Frederick Cook (Victoria Cook); cousin; David "Lupoo" Cook, Rosina McGillivray great nephew; Jeremey Lavallee- Constant too many numerous to mention, if we forgot anyone it is not intentional.



