

MATTHEW "MATT" LITZINGER, 41 of Grand Forks, North Dakota died Tuesday, June 30, 2026, at Altru Hospital, Grand Forks, North Dakota.

Matt was born on June 26, 1985, the son of Michael and Kristi (Day) Litzinger in Grand Forks, North Dakota. He was raised in Grand Forks and graduated from Grand Forks Central High School in 2003, where he excelled in sports and academics. Matt participated in track and field and football. He played in the Shrine Bowl his senior year, as well as becoming state champion in the Javelin event. Matt was honored to be inducted into the Grand Forks Central High School Hall of Fame in 2020. Matt continued his athletic career at UND, where he became an All American in track and field and a national champion in the javelin event in 2008. He graduated from UND and began his career with the FAA in Air Traffic Control and later as an Air Traffic Control Specialist.

Matt was united in marriage to Natae Heisler on March 21, 2009, at St. Olaf Lutheran Church in Devils Lake, North Dakota. They made their home in Grand Forks where they raised their children Mason, Parker and Hadley. Matt enjoyed ice fishing, golf, hunting, trap shooting, daddy daughter dances, and Pokemon card hunting with his wife and kids. He was very particular about how the grass looked in his yard and could fix anything. He was the local weather reporter for his family and friends. Matt loved his family dearly and cherished the time he spent with them. He was known to go above and beyond to help anyone in need.

Matt is survived by his loving wife, Natae; his children, Mason, Parker and Hadley; parents, Mike and Kristi Litzinger; brother, Shaun (Emily) Litzinger; grandmother, Delores Mueller; father-in-law and mother-in-law, Bill and LeAnn Heisler; brothers-in-law, Nevon (Meghan) Heisler and Denton Heisler; nieces, Lexi Litzinger and Madalyn Heisler; nephews, Michael Litzinger and Brayden Heisler; numerous aunts, uncles and cousins.

Matt was preceded in death by his grandparents, Paul "Cookie" Litzinger, Elizabeth Liz" Litzinger and Clarence Mueller, best friend, Justin Mondor, numerous aunts and uncles.

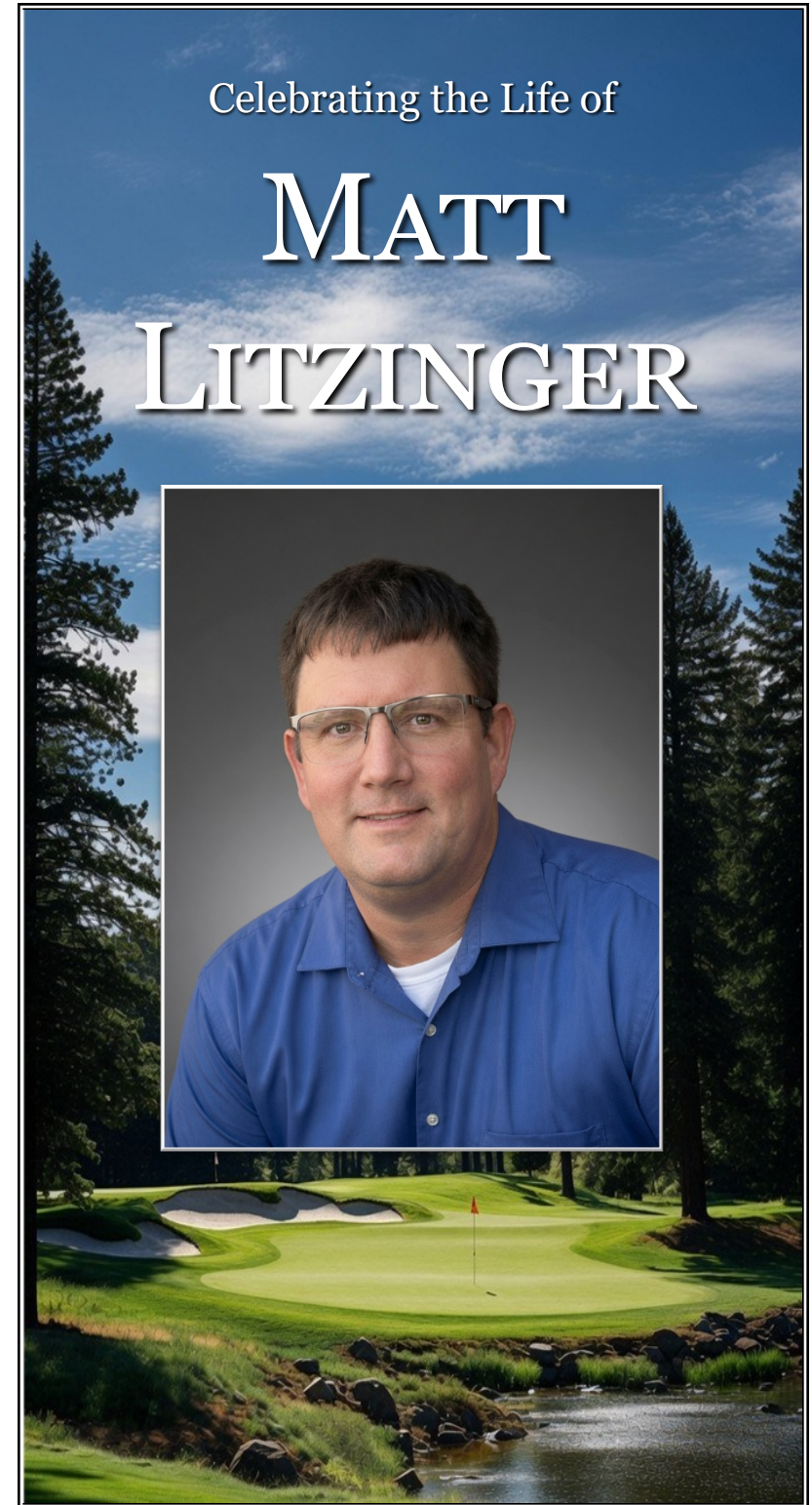
## -Life Lessons-

You may have thought we didn't see,  
Or that we hadn't heard,  
Life lessons that you taught to us,  
But we got every word.  
Perhaps you thought we missed it all,  
And that we'd grow apart,  
But Dad, we picked up everything,  
It's written on our heart.  
Without you, Dad, We wouldn't be,  
The children we are today;  
You built a strong foundation,  
No one can take away,  
We've grown up with your values,  
And we're very glad we did;  
So here's to you, dear Dad,  
From your forever grateful kids.



Celebrating the Life of

# MATT LITZINGER





# MATTHEW PAUL LITZINGER

June 26, 1985 - June 30, 2026

## MEMORIAL SERVICE

11:00am ▪ Tuesday ▪ July 7, 2026

Sharon Lutheran Church  
Grand Forks, North Dakota

## OFFICIATING

Deacon Jamie Travers

## PIANIST

Roxanne Gessler

## SCRIPTURE READINGS

Psalm 23

Isaiah 40: 1-11

Matthew 5: 4-12

## MUSICAL SELECTIONS

Amazing Grace

Jealous of the Angels

Go Rest High On That Mountain

## HONORARY PALLBEARERS

Matt's Air Traffic Control Family & Friends

The family wishes to express their appreciation  
for your thoughts and prayers. Please join  
them for lunch following the service.

