



Beloved Husband, Father, Grandpa, and Friend

With profound sadness and immense gratitude for the good guy he was, we gather to honor Fred, age 84. A devoted husband of 61 years, a loving father to 4 daughters & 4 sons-in-law, Grandpa to 10 grandchildren, 4 great-grandchildren, cherished family man, and treasured friend.

A Life Rooted in Love and Blooming with Joy

Raised on a farm and grounded in the quiet spaciousness of Pembina, ND, Fred's values were rooted in kindness, generosity, and a cheerful heart. He had a precious gift for making others feel seen and valued, always present in conversation, giving generously, whether it was a warm smile, a helping hand, a Werther's candy, or mint from his pocket.

Fred was a man of simple pleasures and deep passions. He found joy tending to his hobby farm and gardening, camping at the lake in MN (oh how he loved pontoon and golf cart cruises), smiling as it reached 5:00 somewhere, listening to country music as he tapped his fingers, touring casinos, sipping coffee and cheering on his favorite teams, North Border, Twins and Vikings.

Fred understood the quiet wisdom of the seasons, the patience of planting, and the joy of harvest. Yet more than crops, he cultivated love. He sowed kindness wherever he went, and his life was a model to the beauty of a compassionate spirit.

Legacy of LOVE

Fred's love for Elaine was an everlasting love story. Together, they built an abundant life with laughter, faith, and enduring companionship. Their bond was a quiet strength, a partnership that weathered life's seasons with grace and devotion. He was endlessly patient and gentle, especially while raising four spirited daughters. Fred learned to love shopping and was always seeking out the nearest mall on family vacations. He was so happy to finally gain 4 sons and then the beauty of grandchildren came along; he cherished each one as if they were the only one.

Fred gave with his whole heart, and his love for his family was evident in every gesture, word, and quiet moment shared. His specialty baked beans with smokies and muffins were made with love and served with joy. Fred knew food brought people together and he loved gathering around the table to unite while enjoying a savoring bite to eat.

A Humble Servant and Gentle Soul

Fred's life was a testament to 1 John 4:7: "Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God."

He embodied the fruits of the Spirit- love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. His faith was quiet yet strong, guiding his actions and shaping his relationships. His smile was a light shining bright for all.

Forever in Our Hearts

Though our hearts ache with his absence, we find comfort in a family bound by love, memories filled with laughter, and a community forever warmed by his presence. He will be deeply missed, and his spirited friendship will live on in the hearts of those he touched. We celebrate Fred's goodness and his legacy of loving that will endure.

Carry a grateful spirit forward for that's what Fred would encourage- there's always something with which to honor and give thanks. Fred's captivating smiles were contagious and will resonate in our hearts forevermore.

FUNERAL SERVICE

Friday, October 10, 2025 - 10:30 a.m.

United Lutheran Church
Cavalier, North Dakota

CLERGY

Rev. Beth Peterson

SPECIAL MUSIC

"When You Say Nothing At All"
"Go Rest High On That Mountain"
"Amazing Grace"

HONORARY PALLBEARERS

Kenneth Gudmundson Larry Pelletier
Mike Rude Dustin Weleski

CASKET BEARERS

Kenny Gudmundson Noel Hart Gabriel Hartje
Benjamin Pelletier Zachary Pelletier Landon Rude
Dawson Weleski Kellan Weleski

INTERMENT

St. Vincent Cemetery
St. Vincent, Minnesota