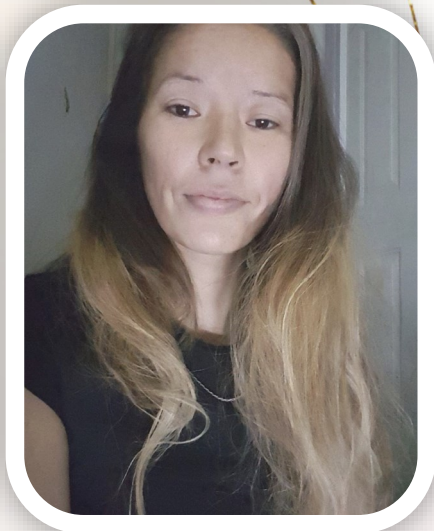




**WAKE SERVICE**

Monday, January 13, 2025  
Margaret Henderson Parish Hall,  
Opaskwayak, MB

**FUNERAL SERVICE**

Tuesday, January 14, 2025 1:00 pm  
Church of the Redeemer, Opaskwayak, MB  
Presider: Rev. Flora Young  
and Rev. Irene Personius  
Music Ministry: Russell Cook Memorial Singers

**INTERMENT**

St. Michael and All Angels Cemetery,  
Opaskwayak, MB

**RECEPTION**

Margaret Henderson Parish Hall



Hemauer Funeral Home, The Pas, Manitoba

[www.hemauerfuneralhome.com](http://www.hemauerfuneralhome.com)

Unauthorized copies will result in poor quality and are not the responsibility  
of Hemauer Funeral Home.



In Loving Memory of  
**Shawntel Renee Sinclair**  
"Chonch"

March 24, 1988 - December 24, 2024



**O**ur worst fears were realized on the night of December 23, 2024 when we learned that our dear sister, daughter, mother, and friend Shawntel Renee Sinclair passed away. Shawntel had a big heart and was able to see the good in everyone she met. She loved the planet and people and wanted to be an instrument for healing both.

Shawntel was born March 24, 1988, in Winnipeg Manitoba and then moved to Gillam where her father Reginald Sinclair worked. She lived there with her father Reginald, her mother Rose Sinclair, her older sister Stephanie, and her younger sisters Samantha and Stacy joined her after their births in 1990 and 1994. Shawntel lived in Gilliam for the first 7 years of her life where she enjoyed reading and playing with her friends. During this time Shawntel showed her blooming love of nature by trying to save trees from being cut down, because of this her mother gave her the nickname “Will” short

for willpower, which she kept up through her childhood. At age 7 she moved with her mother and sisters to Opaskwayak where she continued trying to save any tree she could.

As the years went on, she would make friendships that would last into adulthood and beyond. She was a good friend to many including her cousins Jennifer Head, Ashley Cook and Corey Constant. She met a young man Travis Personius, and they would have two sons together. In 2002 at age 14 her mother Rose passed away. After this, Shawntel moved in with her sister Stephanie. She had her son Aries in 2003, Hades in 2006, and Jovani in 2011. Throughout her life she had odd jobs and was always happiest when she could provide for herself. She was very generous and could chat your ear off for hours.

Shawntel wanted to help everyone she met and no matter what she was going through always felt the healing of those around her was more important than her own. Shawntel was interested in energy healing and took Reiki courses and loved to teach other people about energy healing. She needed the healing she longed to give others but wasn't ready to give it to herself. Remember to care for yourself in remembrance of Shawntel and to reach out for help when you need it.

Shawntel is survived by her children Aries, Hades, and Jovani, as well as one grandson Benjamin, her father Reginald Sinclair, her sisters Stephanie, Samantha, and Stacy. As well as her beloved aunties, uncles, cousins, nieces, nephews and friends.

Shawntel was predeceased by her mother Rose Sinclair, grandparents Victoria and Fred Cook. Her aunties and uncles on the Cook's side; Helen Cook, Sarah Cook, James Cook, Chris Cook. Her cousins Derek Constant “Bobo”, Courtney Lafreniere, Barry and Kelly Muswagon. On the Sinclair side she was predeceased by her grandparents Hubert and Audrey Sinclair. Her uncles Kirby Sinclair and John John Sinclair and her cousin Tony Constant.

*In lieu of flowers, donations to a charity of choice, would be appreciated by Shawntel's family.*